Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Farnborough & Camberley CC Christmas 10 Mile Time Trial

Saturday 14 December 2019 at 10.00 a.m. (sign-on from 09.00 a.m.)

EVENT SECRETARY: Jeff Davis

37 Lower Canes, Yateley GU46 6PY

Tel: 07775 660028

Email: jdavis2459@gmail.com

TIMEKEEPERS: Donald Ashton (Farnborough & Camberley CC) and Mark

Ashton (Farnborough & Camberley CC)

HEADQUARTERS: Bentley Memorial Hall, Hole Lane, Bentley GU10 5NB

IMPORTANT NOTES

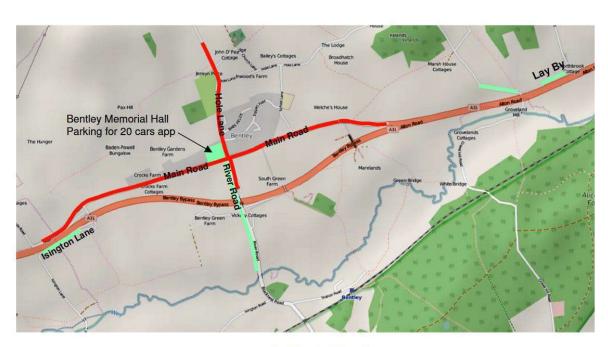
- REAR LIGHTS ARE NOW COMPULSORY Cycling Time Trials Regulation #14(i) states "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users."
- Please respect the local residents of Bentley by parking considerately. Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking notes and diagram included below. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.
- Please **respect** the volunteers from Farnborough & Camberley CC and the timekeepers who are giving up their time to help out.
- Please sign on and collect your numbers from the headquarters.
- Position your number so that it is visible from the rear when in the racing position.
- This event may be subject to a Doping Control It is your responsibility to check by returning to the HQ and signing out as soon as possible after you finish. A rider who fails to sign the official signing-out sheet shall be recorded as DNF CTT Regulation #17(b)

- Please return your numbers to HQ when you sign out, where they can be exchanged for refreshments after completing the event.
- No cleats or bikes are allowed in the hall.
- Please allow at least 10 minutes to get to the start.
- The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. Anyone seen doing so will be disqualified from the event.
- **Head-down riding kills** if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers and event volunteers, shall be parked at the start or finish

CAR PARKING

Car parking is available at the HQ and in the lay-bys past the finishing point as highlighted in green in the map below.

DO NOT park in the areas highlighted in red in the map below and if parking in River Road please ensure you <u>only park on the grass verge</u>, **keeping the footpath and bus stop clear**. As stated below do not park on the eastern side of River Road between Main Road and the bridge over the A31.



Please park considerately on these roads

Please DO NOT PARK on these roads

LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

DIRECTIONS TO THE START

To reach the start from the HQ in Bentley, go eastwards through the village to join the A31, cross to the right hand lane after 850 yards (there are lane markings) and then cross over to the South side of the A31 at the Gravel Hill road junction just short of the old 'Bull' Public House and continue westwards for 760 yards to the lay-by start point.

COURSE DETAILS

H10/8 Bentley – Holybourne – Bentley 10 miles (OS map 186)

OS Map Ref

Type Start at a point in the lead out onto the A31 from the lay-by on the south side at the commencement of the Bentley by-pass, approximately 800 yards west of the Bull Public House on the north side of the A31 and 5 yards beyond the last but one drain grating and 25 yards short of the large road direction sign marked 'BENTLEY ½m'. 0.000 miles

736403 Proceed (Care) to join the A31 and continue to go Westwards along the Bentley by-pass through Froyle to the Holybourne roundabout (Turn) 4.702 miles

802443 Circle the roundabout and take the third exit back on to the A31 to retrace, going through Froyle and along the Bentley by-pass to a point 10 yards beyond the concrete end of a water culvert on the North side and 63 yards short of the Gravel Hill Road minor crossroad and 163 yards short of The Bull to where FINISH 10.000 miles (Distance between start and finish is 697 yards)

Course link: https://www.cyclingtimetrials.org.uk/course-details/h10-8

COURSE NOTES

The normal dual carriageway of the A31 has been reduced to a single lane at a point approximately three miles westwards from the start. The left-hand lane has been cross-hatched for a distance of approx 400 yards to finish at a point opposite the Petrol filling station just beyond the Hen & Chicken Public House situated on the north side of he A31.

Returning eastwards from the Holybourne roundabout on the north side of the A31 the road has been reduced to a single lane by road cross-hatching on the right hand lane commencing approximately 220 yards before the junction to Mill Court on the south side and finishing adjacent to the Hen & Chicken Public House on the north side.

Competitors are to act in a manner appropriate to competing on a single lane road whilst within the restrictions imposed by the road cross-hatching area.

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards passing the start point lay-by and along the Bentley bypass to fork left onto the slip road signposted 'Bentley'. Turn right at the 'T' junction to the Bentley Memorial Hall which you can see ahead of you.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

There will be marshals and checkers but it is your responsibility to make sure you know the course.

PRIZES

_1st Fastest Male	£25	2nd Fastest Male	£20	3rd Fastest Male	£15
1st Fastest Female	£25	2nd Fastest Female	£20	3rd Fastest Female	£15
1st Fastest Vet on Std	£20	2nd Fastest Vet on Std	£15	3rd Fastest Vet on Std	£10

1st Junior/novice award £15

Best fancy dress £10

Fastest Tandem £10

<u>Bib No</u>	Start Time	<u>Firstname</u>	<u>Lastname</u>	Club	Gender	Category
TANDEN					ļ	
	10:01:00	Mary	Corbett	Sotonia CC	Female	Veteran
1	10:01:00	Bob	Bending	Tandem Club	Male	Veteran
SOLO						
	10:02:00	Vernon	Schutte	Farnborough & Camberley CC	Male	Veteran
3	10:03:00	Mike	Anderson	Club Cycliste Moncontourais	Male	Veteran
4	10:04:00	Max	Brown	Thanet RC	Male	Junior
5	10:05:00	Edward	Hales	London Dynamo	Male	Veteran
6	10:06:00	Peter	Cottington	Bath Cycling Club	Male	Veteran
	10:07:00	Ali	Walters	Velo Club Godalming & Haslemere	Female	Veteran
	10:08:00	Peter	Owen	Norwood Paragon CC	Male	Veteran
	10:09:00	Louise	Duncan	34 Nomads CC	Female	Veteran
	10:10:00	David	Triska	Team Bottrill	Male	Senior
	10:11:00	Dave	Dent	GS Stella	Male	Veteran
	10:12:00	Tom	James	Portsmouth Triathletes	Male	Senior
	10:13:00	Roger	Chapman	Farnham RC	Male	Veteran
	10:14:00	Michael	Banfield	DHC (Districts of Hamwic Cyclesport)	Male	Veteran
	10:15:00	Matt	Hill	Velo Club Godalming & Haslemere	Male	Veteran
	10:16:00	Joseph	Gokmen	London Dynamo	Male	Senior
	10:17:00	Daren	Austin	Twickenham CC	Male	Veteran
	10:18:00	Rachel	Przybylski	Charlotteville Cycling Club	Female	Senior
	10:19:00	Felix	Tuck	V C Meudon	Male	Juvenile
	10:20:00	Henrik	Persson	Kingston Wheelers CC	Male	Senior
	10:21:00	Graham	Giggs	Bath Road Club	Male	Veteran
	10:22:00	Mark	Wright	Velo Club Godalming & Haslemere	Male	Veteran
	10:23:00	Billy	Gilbey	VC de Londres	Male	Junior
	10:24:00	Stephen	Kirkpatrick	34 Nomads CC	Male	Veteran
	10:25:00	Steve	Legg	a3crg	Male	Veteran
	10:26:00	Alan	Allcock	Didcot Phoenix CC	Male	Veteran
	10:27:00	Cliff	Voller	Newbury RC	Male	Veteran
	10:27:00	Vinh	Lam	Serpentine Running Club	Male	Veteran
	10:29:00	Pippa	O'brien	RT PODA	Female	Veteran
	10:30:00	Colin	Mcdermott	Festival Road Club	Male	Veteran
	10:30:00	Angela	Carpenter	a3crg	Female	Veteran
	10:31:00	Matthew	Bond	Kenton RC	Male	Senior
	10:32:00	Lucy	Mitchell	a3crg	Female	Veteran
	10:34:00	Samantha		Bicester Millennium CC	Female	Veteran
	10:34:00	Jon	Messenger Hughes	Velo Club Godalming & Haslemere	Male	Veteran
				Hounslow & District Whs	+	!
	10:36:00 10:37:00	Robert Adam	Gilmour Wells	Paceline RT	Male Male	Veteran Senior
						!
	10:38:00	David	Welling	Farnham RC	Male	Veteran
	10:39:00	Andrew	Shute	Waldy Wheelers	Male	Veteran
	10:40:00	Keith	Lea	Paceline RT	Male	Veteran
	10:41:00	Roderick	Macfadyen	Reading CC	Male	Veteran
	10:42:00	Ryan	Sheppard	G.S. Henley	Male	Senior
	10:43:00	Desmond	Gayler	Kenton RC	Male	Veteran
	10:44:00	Ali	Platt	Charlotteville Cycling Club	Male	Junior
45	10:45:00	Evan	Jardine-skinner	Sotonia CC	Male	Veteran

START SHEET

Bib No	Start Time	<u>Firstname</u>	<u>Lastname</u>	<u>Club</u>	Gender	<u>Category</u>
46	10:46:00	Michael	Porter	34 Nomads CC	Male	Veteran
47	10:47:00	Richard	Payn	34 Nomads CC	Male	Veteran
48	10:48:00	Brian	Jones	Horsham Cycling	Male	Veteran
49	10:49:00	Andy	Green	Waldy Wheelers	Male	Veteran
50	10:50:00	David	Walters	Velo Club Godalming & Haslemere	Male	Veteran
51	10:51:00	Sebastian	Lea	London Dynamo	Male	Senior
52	10:52:00	John	Franklin	Twickenham CC	Male	Senior
53	10:53:00	Michael	Nagi	Wokingham Cycling Club	Male	Senior
54	10:54:00	Adam	Page	Paceline RT	Male	Veteran
55	10:55:00	Grant	Woodthorpe	Twickenham CC	Male	Veteran
56	10:56:00	Michael	Cope	Kettering CC	Male	Veteran
57	10:57:00	Stuart	Hourigan	34 Nomads CC	Male	Veteran
58	10:58:00	Mark	Pritchard	Velo Club Godalming & Haslemere	Male	Veteran
59	10:59:00	Thomas	Gilbey	London Dynamo	Male	Veteran
60	11:00:00	Neil	Mackley	a3crg	Male	Veteran
61	11:01:00	Lee	Williams	North Hampshire RC	Male	Senior
62	11:02:00	Kirsty	Mcseveney	a3crg	Female	Senior
63	11:03:00	Stephen	Messenger	Bicester Millennium CC	Male	Veteran
64	11:04:00	Mike	Boyce	a3crg	Male	Veteran